

About the WV Rainbow Run

The WV Rainbow Run supports Covenant House and is the kick-off for West Virginia's Rainbow Pride Week. A 5K Race, 5K Walk, and 1 Mile Fun Walk, the WV Rainbow Run combines the love of walking and running with the desire to help individuals and families who are struggling with homelessness, poverty, hunger, and HIV/AIDS.

About Covenant House

Covenant House works for justice by offering direct services for people in need while creating social change through advocacy and education. Opened as a day shelter in 1981 with shower and laundry facilities, food and clothing assistance, and emergency financial assistance, it is this original work of Covenant House for which we are best known. In addition, Covenant House operates a Community Housing program for people with disabilities, a homeless outreach program, and advocacy and community organizing programs working on social issues related to education, poverty, race, and building democracy.

About the AIDS Residential & Resource Program

The AIDS Residential & Resource Program works in 22 southern West Virginia counties to prevent homelessness among the low-income HIV-positive population.

Services include assistance with food and clothing; locating and securing affordable housing units; financial assistance with rent, utilities and medication costs; help with filling out forms required by government and insurance providers; transportation to doctors appointments; assistance with securing Living Wills and Medical Power of Attorney; educational information; and referrals to other service providers.

Win Great Prizes!

The more money you raise in sponsorships, the greater your chances of winning some great prizes!

This is how it works:

- Ask friends, co-workers, and family members to sponsor you.
- Write sponsor's name and amount of donation on the Sponsorship Form panel.
- If additional space to record donations is needed, download additional forms at: www.wvrainbowrun.com or attach a separate page indicating your name at the top.
- To be eligible for this contest, forms must be turned in with donations to Covenant House by **Wednesday, May 27 at 4 PM.**

The three people who raise the most money for Covenant House will win:

First Place:

\$100 gift certificate to Tidewater and overnight accommodations at the Charleston Marriott with breakfast.

Second Place:

\$100 gift certificate to Charleston Town Center.

Third Place:

Family membership at The Clay Center for the Arts & Sciences.

Please Note:

- Obtaining sponsors is not necessary for participation in this event. Registration fees (payable to Covenant House) are:
- \$20 for adults who pre-register (registration forms and payment must be received at Covenant House by Wednesday, May 27 at 4 PM).
 - \$25 for adults who register the day of the event.
 - \$10 for children 18 and under.
 - \$5 for dogs to walk the course.

The WV Rainbow Run Is More Than Just A Race!

You do not need to be a top athlete to participate in the WV Rainbow Run. Whether you are a seasoned runner or simply enjoy an occasional walk with family and friends, this event is for you – whatever your age or skill level.

After finishing the race or walk, there will be a variety of fun things to do.

Kids Race

Your kids are gonna love this! Starting at 10 AM, children will be divided up by age category and will sprint to the finish line! There is no additional cost to compete in the kids race.

Among the Attractions:

- Face painting
- Arts & crafts
- "Touch the Instruments" exhibit
- Game tables
- Great door prizes and giveaways
- Giant bubbles, compliments of The Clay Center
- Inflatable batting cage, compliments of the WV Power
- And lots of other fun activities!

Bring Your Dog!

Don't forget that dogs like a nice walk too! Register your dog for \$5 and receive homemade dog treats, compliments of Charleston Bread Company.



WV RAINBOW RUN REGISTRATION FORM

Name: _____

Email: _____

Phone: _____

Street: _____

City: _____

State/Zip: _____

Gender (circle one): Male Female

Participating in (circle one):
5K Race 5K Walk 1 Mile Fun Walk

T-Shirt Size (circle one):
Adult S M L XL -or- Child S M L
(T-Shirts go to first 300 people arriving on Race Day)

Age on Race Day (circle one):
0-12 13-19 20-29 30-39 40-49
50-59 60-69 70-79 80+

I am enclosing an additional \$20 to sponsor a low-income person living with HIV/AIDS.

If you are collecting sponsorships (and we hope you are!), track your donations on the reverse of this form, returning your donations with a completed registration form to Covenant House by Wednesday, May 27 at 4 PM.

If you are not collecting sponsorships, simply complete the registration form, include your registration fee, and send it to Covenant House by Wednesday, May 27. (\$20 adult pre-registration — \$25 day of the event; \$10 children under 18; \$5 dogs)

Please make all checks payable to Covenant House and send this completed form with your payment to 600 Shrewsbury Street, Charleston, WV 25301. **Early registration must be received by Wednesday, May 27, 2009.**

Waiver and Release of Liability: I hereby waive all claims against the WV Rainbow Run, Covenant House, sponsors, or any personnel for any injury I might suffer in this event. I am physically fit to participate in this activity. (Signed by parent if under 18)

Signature: _____

Date: _____

Questions? Call (304) 344-8053 ext. 18
or email jrist@wvcovenanthouse.org