

“The Blizzard Run”

1st Annual 5K run/walk to benefit the MS Society, The Central Ohio Diabetes Association, and local Franklin Furnace OH family

This 5K Run/Walk is being held to benefit the above charities in the honor of Emily (Thornsberry) Blizzard, recently diagnosed with MS and her daughter KayLynn Blizzard age 10 who has lived with Type II Juvenile Diabetes since the age of 19 months. 60% of proceeds will benefit the Blizzard Family for their medical and pharmacy balances and 40% of proceeds will be split between the MS Society and the Central Ohio Diabetes Association. Following the Race, there will be an all day benefit festival with local bands, Inflatable machines, food, fun, raffles, door prizes, split the pot and a silent auction. Events will take place in the Green High School Gymnasium and on the school premises.

Date: Saturday Sept 12, 2009 **Race Begins:** 9:00am

Place: Green High School, Franklin Furnace OH

****(Race will begin and end at the High School Football Stadium where the awards ceremony will follow)***

Age Groups:

10 & under	40-44
11-14	45-49
15-19	50-54
20-24	55-59
25-29	60-64
30-34	65 & over
35-39	

****Awards will be given to overall Male and Female finishers of the race and 1st, 2nd and 3rd place runners of each age group.***

Fees: **Make Checks payable to:** Hope Blizzard c/o “The Blizzard Run”

**5/3 Bank account set up under “The Blizzard Run”*

\$15.00 Pre registered by 08/01/09

Mail registration to: Hope Blizzard

\$18.00 race day registration

11 Short Street

\$10.00 Green Bobcat Students

Wheelersburg, OH 45694

The Blizzard Run
5K Run/ Walk Registration Form
(Can also register online at tristateracer.com)

Name:

First: _____

Address: _____

Age: _____

Last: _____

City: _____

Email: _____

Shirt Size: (Youth) S M L

State: _____

(Adult): S M L XL XXL

Zip Code: _____

Male / Female (Circle)

Runner / Walker (Circle)

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, Including but not limited to falls, contact with other participants, the effects of the weather (including high heat and/or humidity), traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in the consideration of the acceptance of my entry, I for myself, and for anyone entitled to act on my behalf, waive and release “The Blizzard Run”, race officials, volunteers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent if under 18): _____ **Date:** _____