1st Annual 5K Run with the Pack

See www.tristateracer.com for complete information

Check in and Start time	Early Package Pickup – Race Package will be available on Friday, March 19 at SVHS from 4-6 Race Day – Check in and package pickup at registration table; Race begins at 9AM. And Kid's Mile begins at 8:45 AM.	
Course and Start/Finish	Course is fast and flat through the communities of Ceredo & Kenova. It will begin at the former Ceredo-Kenova High School on Beech Street in Kenova. The race will end on the former Ceredo-Kenova Football Field.	
Awards	Top two finishers of each division	
T-shirts	We cannot guarantee a t-shirt in your chosen size, but sizes will be given according to registration date.	
Entry Fee (non-refundable)	Before March 20: Adult Runners, Walkers & Stroller Division Race Day: School-aged runners: Family Discount: each add'l school-aged runner after first child:	$15 $20 $10 $ 5 (Example for 3 children: $10 + $5 + $5
Contact Information	Lesley Fuller, 304-654-9127 or lfuller718@hotmail.com; or Kelly Fuller, 304-617-6675 or boyd@marshall.edu	

Mail Entry Form & Payment to:

Run with the Pack
c/o Kelly Fuller
43 Valley View Drive
Huntington, WV 25704

Make Checks payable to:

Spring Valley Athletic Boosters
Memo: Cheer Run

* *

One participant per entry form. Please duplicate if necessary. Additional entry form located at www.tristateracer.com.

___________________________ ___________________________ ___________________________

Last Name **First Name** **Date of Birth**

_____ ____

M/F **Street Address**

______________________________ ____ __________ ___________________________

City **State** **Zip** **Telephone**

Circle Shirt Size: Youth LG Adult SM Adult Med Adult LG Adult XLG Adult XXLG

Circle Event: Run Walk Kids Mile (12 and under) Stroller Division

In consideration of being permitted to participate in the 1st Annual 5K Run with the Pack, I do hereby for myself, my heirs, executors and administrators and assignees, release, discharge, save and hold harmless and agree to indemnify all those persons involved in organizing and manning, including volunteers, corporate sponsors, media sponsors, business donors and any other participants, this event from all claims, demands, losses, damages, actions, causes of actions or sits of whatsoever kind or nature, arising out of my participation in the race on March 20, 2010. In addition I attest that I am sufficiently fit and prepared for this event.

Signature____ Date __________________

Waiver MUST be signed by all participants, or, if participant is under 18 years of age, by a parent or legal guardian.

RACE STAFF INFO ONLY:
RACE #_______ Date Rec'd _______
CHECK #_______ CASH_______