

The primary mission of the Lions Club is the prevention of blindness through providing eye health care for the financially disadvantaged and to assist impaired individuals through activities such as pilot dogs, large print materials, Ohio Lions Eye Research Foundation, Ohio Sight And Hearing and so much more. Youth and community activities are also promoted.



5K Run/Walk
Thursday 7pm
May 26, 2022
Coal Grove
High School Field
One Hornet Lane
Coal Grove, OH
Virtual option available
online at TriStateRacer.com

• **6pm On-Site Registration**

- \$25 pre-registered before May 26th
- \$30 Day of Race

Race shirts guaranteed to all registrants

• **Chip timed**

Door Prizes:
Four 50" TVs
Also many more prizes!

Giovanni Pizza
After the race!

Course: Race starts and ends on the Coal Grove High School track. Runners and walkers will be running thru the streets of Coal Grove.

Race Course records:
Male: Seth Miller 17:04 2019
Female: Missy Moore 19:51 2018

Trophies to first three overall male and female finishers.
 Awards to first three finishers in each male and female age group.
No duplication of awards
 Age Groups: 9 and under
 10-14 15-19 20-24 25-29 30-34
 35-39 40-44 45-49 50-54
 55-59 60-64 65-69 70-74 75+



Please mail registration and check payable to:
O Such Race Planners
 Memo: *Run Like A Lion* to:
 Save Run Like A Lion 5K
 c/o Alan Osuch
 5024 Williams Avenue
 Ashland, KY 41101

*****Cut here*****

Run Like A Lion 5K

Name: _____ Address: _____
 Email: _____
 Phone: _____ Gender: M F Age on race day: _____
 Shirt Size _____ (2X, 3X and 4X add \$2.00) Donation _____ Amount Enclosed \$ _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the Village of Coal Grove, Coal Grove Lions Club, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ Date: _____
 Parent/Guardian (For minor): _____