



Mattie was studying to become a nurse. She was a member of the First Baptist Church of Russell and was a 2014 graduate of Greenup County High School. She loved all things in life, however nothing meant more to her than being a mom and spending time with Macie and her family.



5K Run/Walk
September 17, 2022
Saturday
9am
Russell-McDowell
Intermediate School
1900 Long Street
Flatwoods, KY
Virtual option available at
tristateracer.com

Proceeds go toward the Mattie Conley Memorial Nursing Scholarship at Ohio Southern University.

•8am On-Site Registration
• \$ 25.00 if pre-registered before
September 16th
\$30 Day of Race
Race Course records:
Male: Neil Johnson 22:00 2018
Female: Kemmely Hochstetler 24:51 2017

• Shirts to all registered
Celebrate Mattie's life
and keep her nursing
dream alive with the
nursing Scholarship!
Hamburger/hot dog
cookout after the race!

Course: Starts at the school
and runs thru the residential
neighborhoods of Avery Court,
Gilley Street and Pine Street.
Runners head out... then a
large loop... then return back.

Trophies to first three overall
male and female finishers.
Awards to first three finishers in
each male and
female age group.
No duplication of awards
Age Groups: 9 and under 10-14
15-19 20-24 25-29 30-34
35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75+



Race Director: Alan Osuch
OsuchRacePlanner@aol.com
or 606-369-4403

Please mail registration
and check payable to:
O Such Race Planners
Memo: Conley Memorial to:

Conley Memorial 5K
c/o Alan Osuch
5024 Williams Avenue
Ashland, KY 41101

*****Cut here*****

Mattie Conley Memorial 5K

Name: _____ **Address:** _____
Email: _____
Phone: _____ **Gender:** M F **Age on race day:** ____
Shirt Size ____ (2X, 3X and 4X add \$2.00) **Extra donation \$** _____ **Amount paid \$** _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Flatwoods, Russell-McDowell Intermediate School, O Such Tri-State Race Planners, TriStateRacer.com timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ **Date:** _____
Parent/Guardian (For minor): _____