

Summer Motion free concerts, children's activities, food vendors, arts & crafts, inflatables and Fireworks all on river front in Ashland. The event will take place at Ashland Riverfront.

> **5**K • \$25 if pre-registered

before July 1st • \$30 Day of Race

10K

• \$30 if pre-registered before July 1st

• \$35 Day of Race

5K Trophies to first three overall

male and female finishers.

Awards to first three finishers in

each male and female age group.

No duplication of awards

Age Groups: 9 and under

10-14 15-19 20-24 25-29 30-34

35-39 40-44 45-49 50-54

55-59 60-64 65-69 70-74 75+



Be part of this classic!

Please mail registration

and check to:

Summer Motion 10K/5K

c/o Alan Osuch

5024 Williams Avenue

Please make check payable to:

O Such Race Planners

Memo: Summer Motion

Ashland, KY 41101

July 2, 2022 **Run/Walk** 8am – Both races **Park Place Building Central Avenue** & 17th Street Ashland, KY



Race Director Alan Osuch OsuchRacePlanner@aol.com 606-369-4403

•CHIP TIMED • 7am On-Site Registration •Race shirts guaranteed to all registered •Enjoy a great classic run! <i>Stay and enjoy the</i> <i>Summer Motion Festivities</i> <i>after the race!</i>	 5K Course is the Ashland Central/Carter Ave. course. 10K course is the Ashland Central/Carter Avenues course but branches off to Winchester Avenue. Run 14th Street to 24th Street and back then over to Ohio and back on the Ashland Blue Bridge. Then returns to Central Avenue
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10K Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group. No duplication of awards Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75+

Summer Motion 10K/5K

Name:		Address:	
Email:			
Phone:		Gender: M F	Age on race day:
	Shirt Size _	(2X, 3X and 4X add \$2.00)	
Check one: 10K_	5K	Donation	Amount Enclosed \$
WAIVER: I know that running a r	oad race is a potentially h	nazardous activity and I should not enter a	a run unless I am medically able and properly trained. I

agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants. the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Ashland, Summer Motion, Inc, O Such Tri-State Race Planners, Park Place Building, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature:

Parent/Guardian (For minor):

Date: _____