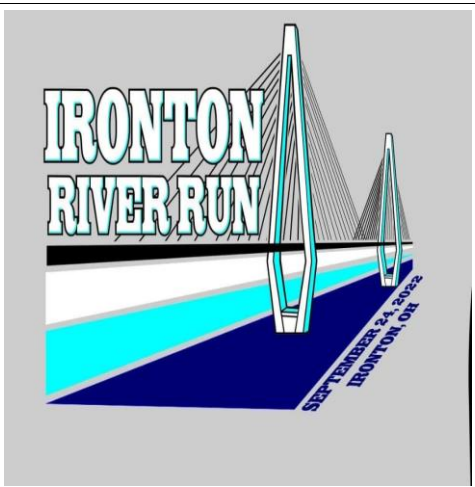


Third and Center is an arts based non-profit dedicated to sustainably building collaborative communities by facilitating conversation, connection and collaboration amongst those desiring to positively impact their community. All race proceeds will fund these efforts



5K Run/Walk
September 24, 2022
6pm

Ironton Riverfront
111 S. 1st Street
Ironton, OH

Virtual Option available
online at
TriStateRacer.com

- 5pm On-Site Registration
- \$ 25.00 if pre-registered before September 23rd
- \$30 Day of Race
- Race Shirts guaranteed to all registered

Awards and music following the race. Make a fun family Saturday night of this event.

Catered sandwiches by Ghostly Gourmet after the race!

Course: Start at the Riverfront, around Moulton's field, through central Ironton, along the scenic river path and floodwall, ending at the riverfront murals

Trophies to first three overall male and female finishers.
Awards to first three finishers in each male and female age group.
No duplication of awards
Age Groups: 9 and under
10-14 15-19 20-24 25-29
30-34 35-39 40-44 45-49 50-54
55-59 60-64 65-69 70-74 75+



RACE PLANNERS
Race Director: Alan Osuch
OsuchRacePlanner@aol.com
or 606-369-4403

Please mail registration and check payable to:
O Such Race Planners
Memo: River Run 5K to:
Ironton River Run 5K
c/o Alan Osuch
5024 Williams Avenue
Ashland, KY 41101

*****Cut here*****

Ironton RiverRun 5K

Name: _____ **Gender:** M F **Age on race day:** ____

Address: _____ **Email:** _____

_____ **Phone:** _____

Shirt Size _____ **(2X, 3X and 4X add \$2.00)** **Amount paid \$** _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants. the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Ironton, Third and Center, O Such Tri-State Race Planners, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ **Date:** _____

Parent/Guardian (For minor): _____