5th Annual Monster Dash 5K Entry Form

The race will take place on October 22, 2022, at 6pm. It will start at the back shelter at the Hamlin Lion's Club Field, run through the town of Hamlin on a well-marked course, and end where it began.

\$25.00 for adults \$15.00 for students Checks payable to: Hamlin PreK-8 Cross Country All those who register by 10/17/22 are guaranteed a race tee.

The top finishers in each age group will receive a medal. The top finishers overall will receive a trophy.
Entries can be mailed to:
Hamlin PreK-8
Attn: Janette Cremeans
8130 Court Ave.
Hamlin, WV 25523
Name:
Age:
Birth Date:
Sex: Male or Female
Address:
Phone number:
Email:
T-shirt size:
Waiver: I acknowledge that running a road or other race is a potentially hazardous activity and may entail known and unknown or unanticipated risks, which could result in physical injury, death or property damage. I hereby assume all risks associated with this event, including, but not limited to, falls, contact or confrontation with other participants, passers-by, or spectators, inclement weather, effects of weather (including high heat and/or humidity), traffic and/or road conditions, and other risks. I understand that such risks cannot be eliminated without jeopardizing the essential qualities of the activity. These risks may also occur as a result of my own actions, inactions or negligence, as well as actions, inactions or negligence of others, weather conditions, condition of equipment, condition of the streets facilities, and/or grounds, natural disaster, national disaster, and any first aid emergency treatment which may be administered. There may also be other risks the are not foreseeable at this time. I hereby agree to abide by any decision of a race official relative to my ability to safely participate, compete in, or complete the event. I acknowledge that I should not enter and run a race unless I am medically able and properly trained As part of the consideration for my participating in the activity identified above, I hereby release, discharge, and hold harmless the race officials, sponsors, volunteers, TSR Timing Group, as well as any director, office employee, or any person acting in any capacity on their behalf (hereinafter collectively referred to as "Organizers") from all demands, claims, causes of action, suits, contracts, agreements, obligations, covenants, defenses, costs, liabilities and judgments, whatsoever, known or unknown, suspected or unsuspected, whether sounding in contract or in tort, in law or in equity, which I might have against any or all of them, arising from or related to my participation in the event. I hereby waive all claims and demands against the Organizers for any loss

Signature or Parent/Guardian Signature if under 18: _____