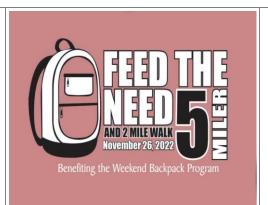


The C-K Ministerial Association seeks to spread the gospel of Jesus Christ by connecting local evangelical churches to each other through prayer and service. One program is the backpack food program.



**November 26, 2022** Saturday 9am First Baptist Church of Kenova 1120 Poplar Street Kenova, WV Virtual Option available on tristateracer.com

Proceeds will be used to fill backpacks with food for children in need to take home over the weekend. The program is the "Weekend Snack" Backpack Program.

- 8:00am On-Site Registration
  - \$30 if pre-registered before November 25th
    - \$35 Day of Race
  - Long sleeve Extra soft race shirts guaranteed to all registered
- •Full breakfast immediately after the race!
  - Chip timing
- Door prizes, refreshments
- •Run or walk with friends
- 5 Miler Course: Starts at the church and is a loop. It runs thru the city streets of Kenova and Ceredo. \*\*\*\*\*\*\*
  - 2 Mile Walk: An out and back course. Awards to first 5 finishers. No running or jogging. 5 Miler Race Course records:

**Dustin Moritz** 29:26 Male: Female: Missy Moore 32:02 2017

Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group. No duplication of awards Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75+

Signature: \_



**Race Director: Alan Osuch** OsuchRacePlanner@aol.com or 606-369-4403

Please mail registration and check payable to: O Such Race Planners

Memo: Feed The Need to: Save Feed The Need c/o Alan Osuch **5024 Williams Avenue** Ashland, KY 41101

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	Feed The Need 5 Mi	<u>iler</u>
Name:	Gender: M F	Age on race day:
Address:	Email:	
	Phone:	
Shirt Size	(2X, 3X and 4X add \$2.00)	<b>Amount paid \$</b>
	Which Event: 5 Miler 2 Mile W	/alk
trained. I agree to abide by any do in this event, including but not lin the conditions of the road, all sucl	road race is a potentially hazardous activity and I should ecisions of a race official relative to my ability to safely contited to. falls, contact with other participants. the effects of risks being known and appreciated by me. Having read to Such Tri-State Race Planners, TriStateRacer.com timin my participation in this event.	mplete the run. I assume all risks associated with running f weather (including high heat or humidity), traffic and this waiver, I release the City of Kenova, City of Ceredo,
Signature:	•	Date:

Parent/Guardian (For minor):