



At Lily's Place the mission is to provide medical care to infants suffering from Neonatal Abstinence Syndrome (NAS) and offer non-judgmental support, education, and counseling services to families and caregivers and our community. Together we can create healthier families and help end the cycle of addiction.



5K Run/Walk

April 1, 2023

Saturday 9am

Ritter Park
Huntington, WV

All proceeds go to Lily's Place!

- 8am On-Site Registration
 - \$25 pre-registered before March 31st
 - \$30 Day of Race
 - *Extra soft race shirts guaranteed to all registrants*
- No dogs allowed



Race presenter Delta Delta Epsilon is an honor society for students and professionals of forensic science. The activities of DDE are designed to stimulate academic achievement, promote community understanding, and advance the fields of forensic science.

Course: Flat and fast. Starts at the center shelter and runs thru and around the park. Three loops. The park is the pride of Huntington! Chip timed!

Trophies to first three overall male and female finishers.
Awards to first three finishers in each male and female age group.
No duplication of awards
Age Groups: 9 and under
10-14 15-19 20-24 25-29 30-34
35-39 40-44 45-49 50-54 55-59
60-64 65-69 70-74 75-79 80+



RACE PLANNERS
Race Director: Alan Osuch
OsuchRacePlanner@aol.com
or 606-369-4403

Please mail registration and check payable to:
O Such Race Planners
Memo: *FoRUNSics 5K*
FoRUNSics 5K
c/o Alan Osuch
5024 Williams Ave.
Ashland, KY 41101

***** Cut here *****

FoRUNSics 5K

Name: _____

Address: _____

Email: _____

Phone: _____

Gender: M F

Age on race day: _____

Shirt Size _____ (2X, 3X, 4X add \$3.00)

Donation _____

Amount Enclosed \$ _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Huntington, O Such Tri-State Race Planners, Delta Delta Epsilon, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____

Date: _____

Parent/Guardian (For minor): _____