**Mission Statement: Blessing** out community through giving. **Reaching out to the kids** with positive activities at no cost to families

**Proceeds go to helping low income** children pay for church camp. **Provide food, set up activities** and resources for kids throughout Ashland.



## 5K Run/Walk

Saturday July 20, 2024 9am

**Boyd County Extension Office 2420 Center Street** Catlettsburg, KY

Date:

8am On-Site Registration \$25 before July 1 <sup>st</sup> \$30 July 1 <sup>st</sup> thru July 18th \$35 Day of Race	<ul> <li>Support a great cause!</li> <li>Door prizes</li> <li>Refreshments</li> <li>Race shirts guaranteed to all registrants</li> </ul>	Course: Flat and fast. Starts and ends at the Extension Office. Course will be a loop followed an out and back section thru the historic city district
Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group. <i>No duplication of awards</i> Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80+	RACE PLANNERS RACE PLANNERS Race Director: Alan Osuch OsuchRacePlanner@aol.com or 606-369-4403	Please mail registration and <u>check payable to:</u> O Such Race Planners Memo: <i>Kids Matter 5K</i> to: Kids Matter 5K c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101

Kids Matter 5K				
Name:	Address:			
Email:				
Phone:	_ Gender: M F	Age on race day:		
Shirt Size (2X, 3X, 4X a	dd \$2.00) Donation	Amount Enclosed\$		
WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all				
risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather				
(including high heat or humidity), traffic and	d the conditions of the road, all such r	risks being known and appreciated by me. Having		
read this waiver, I release the City of Catletts	sburg, Christian Faith Outreach, O S	Such Tri-State Race Planners, race officials.		
volunteers and all sponsors from all claims to				

Signature: \_\_\_\_\_ Date: \_\_\_\_ Date: \_\_\_\_