


<p>Jermiah 38 Ministries</p> <p><i>A missions and missions support organization helping to share the love of Christ locally and internationally. We accomplish this primarily through the sending of short-term, medically oriented mission teams who provide a much needed service to the communities that are being served by our international ministry partners.</i></p>		<p>May 18, 2024</p> <p>Saturday 9am</p> <p>5K Run/Walk</p> <p>Ohio Southern University</p> <p>1804 Liberty Street</p> <p>Ironton, OH</p>
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<p>8am On-Site Registration</p> <p>\$25 Thru April 28th</p> <p>\$30 Apr. 29th Thru May 17</p> <p>\$35 Day of Race</p>	<p>Race Shirts guaranteed to all registered</p> <p>Make it a family affair!</p> <p>Door prizes!</p> <p>Refreshments!</p> <p>Support a great cause!</p>	<p>Course: A mostly flat and fast course thru the streets of Ironton. A combination of blacktop and brick streets.</p> <p>Course Records: To be set!</p>
<p>Trophies to first three overall male and female finishers.</p> <p>Awards to first three finishers in each male and female age group.</p> <p><i>No duplication of awards</i></p> <p>Age Groups: 9 and under</p> <p>10-14 15-19 20-24 25-29</p> <p>30-34 35-39 40-44 45-49</p> <p>50-54 55-59 60-64 65-69</p> <p>70-74 75-79 80+</p>	 <p>Race Director: Alan Osuch</p> <p><u>OsuchRacePlanner@aol.com</u></p> <p>or 606-369-4403</p>	<p>Please mail registration and <u>check payable to:</u></p> <p><u>O Such Race Planners</u></p> <p>Memo: <i>Mission 5K</i> to:</p> <p>Running For The Mission 5K</p> <p>c/o Alan Osuch</p> <p>5024 Williams Avenue</p> <p>Ashland, KY 41101</p>

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Running For The Mission 5K

Name: _____ **Gender:** M F **Age on race day:** ____

Address: _____ **Email:** _____

_____ **Phone:** _____

Shirt Size _____ **(2X, 3X and 4X add \$2.00)** **Amount paid \$** _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Ironton, Jermiah 38 Ministries, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ **Date:** _____

Parent/Guardian (For minor): _____