




Tri-state Homeschool Athletics provides athletics in a Christian environment for home school students in the tri-state. This year they launch their first season of cross country for Elementary, Middle School and High School.



**5K Run/Walk**  
 \*\*\*\*\*  
**Saturday**  
**August 10, 2024**  
**9am**  
 \*\*\*\*\*  
**Community Park**  
**Barboursville**  
**WV**

*All proceeds go to Tri-state Homeschool Athletics!*

<p><b>8am on site registration</b></p> <p><b>\$25 before July 29<sup>th</sup></b>  <b>\$30 July 29<sup>th</sup> thru Aug. 8<sup>th</sup></b>  <b>\$35 On Race Day</b></p>	<ul style="list-style-type: none"> <li>•Shirts guaranteed to all registered</li> <li>•Door prizes</li> <li>•Refreshments</li> </ul>	<p><b>Course: Start at the lake &gt; out the soccer field road &gt; over the bridge &gt; .5 mile to the right &gt; turn around &gt; return to the lake to finish.</b></p>
<p><b>Trophies to first three overall male and female finishers.</b>  <b>Awards to first three finishers in each male and female age group.</b>  <i>No duplication of awards</i>  <b>Age Groups: 9 and under 10-14</b>  <b>15-19 20-24 25-29 30-34</b>  <b>35-39 40-44 45-49 50-54 55-59</b>  <b>60-64 65-69 70-74 75-79 80+</b></p>	 <p><b>RACE PLANNERS</b>  <b>Race Director: Alan Osuch</b>  <b><u>OsuchRacePlanner@aol.com</u></b>  <b>or 606-369-4403</b></p>	<p><b>Please mail registration and <u>check payable to:</u></b>  <b><i>O Such Race Planners</i></b>  <b>Memo: <i>Falcon 5K</i> to:</b></p> <p><b>Falcon 5K</b>  <b>c/o Alan Osuch</b>  <b>5024 Williams Avenue</b>  <b>Ashland, KY 41101</b></p>

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## *Falcon 5K*

**Name:** \_\_\_\_\_ **Gender:** M F **Age on race day:** \_\_\_\_

**Address:** \_\_\_\_\_ **Email:** \_\_\_\_\_

\_\_\_\_\_ **Phone:** \_\_\_\_\_

**Shirt Size** \_\_\_\_ (2X, 3X and 4X add \$2.00) **Donation \$** \_\_\_\_\_ **Amount Enclosed \$** \_\_\_\_\_

**WAIVER:** I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants. the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the Village of Barboursville, Tri-state Homeschool Athletics, O Such Tri-State Race Planners, TriStateRacer.com timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian (For minor):** \_\_\_\_\_