

Ironton First Nazarene Church  
and the  
Boy Scouts of America



BOY SCOUTS  
OF AMERICA®  
Ironton Troop 106



**4 Mile Run/Walk**

**Saturday 9am  
August 17, 2024  
Lake Vesuvius  
Wayne National  
Forest  
Furnace Shelter  
Ironton, OH**

**Proceeds will be used for the Boy Scout excursions  
and the Nazarene Youth Group mission trips!**

<p><b>•8am On-Site Registration</b></p> <p>\$ 25 w/tee/\$30 w/tank before August 5th \$ 30 w/tee/\$35 w/tank August 5th thru August 16<sup>th</sup> \$ 35 w/tee/\$40 w/tank on Race Day</p>	<p><b>•Race Shirts guaranteed to all registered</b></p> <p><b>•Pancake and sausage breakfast immediately after the race!</b></p>	<p><b>Course: Challenging course going two miles up, around the campground and then two miles down. Course levels and inclines in a staircase fashion.</b></p>
<p><b>Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group.</b></p> <p><i>No duplication of awards</i></p> <p><b>Age Groups: 9 and under</b> 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80+</p>	 <p><b>RACE PLANNERS</b> Race Director: Alan Osuch <a href="mailto:OsuchRacePlanner@aol.com">OsuchRacePlanner@aol.com</a> or 606-369-4403</p>	<p><b>Please mail registration and <u>check payable to:</u> <i>O Such Race Planners</i></b> Memo: <i>Vesuvius Challenge</i> to:</p> <p><b>Vesuvius Challenge c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101</b></p>

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**Vesuvius Challenge 4 Miler**

**Name:** \_\_\_\_\_ **Address:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Gender:** M F **Age on race day:** \_\_\_\_\_

**Shirt Size** \_\_\_\_\_ **On all 2X, 3X and 4X add \$2.00)**

**Donation \$** \_\_\_\_\_ **Amount Enclosed \$** \_\_\_\_\_

**WAIVER:** I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the Wayne National Forest, Ironton First Nazarene Church, Ironton Boy Scout Troop #106, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian (For minor):** \_\_\_\_\_