



The American Legion Auxiliary mission is to help veterans and their families in our area. Proceeds of the event go help veterans with their monthly living expenses.



## 5K Run/Walk

**Saturday**  
**November 9, 2024**  
**9am**  
**Raceland American**  
**Legion Post #43**  
**429 1/2 Greenup Road**  
**Raceland, KY**

**8m On-Site Registration**  
**\$25 before October 28th**  
**\$30 Oct. 28th thru Nov. 8th**  
**\$35 Day of Race**  
*Race shirts guaranteed*  
*to all registrants*

**Support a great cause!**  
**Door prizes**  
**Pizza after the race!**  
*Support the veterans*  
*of our community as they*  
*served and protected us!*

**Course: Flat and fast.**  
**Starts and ends at the**  
**American Legion. Course**  
**will be an out and back**  
**toward Worthington. Awards in**  
**the Legion after the race.**

**Trophies to first three overall**  
**male and female finishers.**  
**Awards to first three finishers**  
**in each male and female age group.**  
*No duplication of awards*  
**Age Groups: 9 and under**  
**10-14 15-19 20-24 25-29 30-34**  
**35-39 40-44 45-49 50-54 55-59**  
**60-64 65-69 70-74 75-79 80+**

  
**Race Director: Alan Osuch**  
**OsuchRacePlanner@aol.com**  
**or 606-369-4403**

**Please mail registration**  
**and check payable to:**  
**O Such Race Planners**  
**Memo: Run For A Vet 5K to:**  
**Run For A Vet 5K**  
**c/o Alan Osuch**  
**5024 Williams Avenue**  
**Ashland, KY 41101**

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## Run For A Vet 5K

**Name:** \_\_\_\_\_ **Gender:** M F **Age on race day:** \_\_\_\_  
**Address:** \_\_\_\_\_ **Email:** \_\_\_\_\_  
 \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Shirt Size** \_\_\_\_\_ **(2X, 3X and 4X add \$2.00)** **Amount paid \$** \_\_\_\_\_

**WAIVER:** I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Raceland, American Legion Post 43, O Such Tri-State Race Planners, TriStateRacer.com timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian (For minor):** \_\_\_\_\_