

**CONQUER THE HILL  
VESUVIUS  
5K EAGLE RUN/  
WALK**

**SATURDAY MAY 3, 2025  
9:30 AM**

VESUVIUS BOAT DOCK  
IRONTON, OHIO  
WAYNE NATIONAL FOREST



**FAMILY FUN RUN**

1 MILE TRAIL RUN/WALK  
SATURDAY MAY 3, 2025

**9:00 AM**

VESUVIUS ARCHERY TRAIL  
ALL AGES WELCOME!!!!

**FUNDRAISER FOR SCCA  
CROSS COUNTRY TEAMS**

LOTS OF DOOR PRIZES

**BREAKFAST BY  
CHICK-FIL-A !!!!**

VIRTUAL OPTIONS  
(Text 740-646-1028)

JOIN OUR FACEBOOK PAGE  
Conquer the Hill:  
5K Eagle Run/Walk

**CONQUER THE HILL**

**5K COURSE:**

**ROAD RACE-HILLY!**

STARTS AND ENDS AT THE  
VESUVIUS BOAT DOCK.  
RUNS THROUGH THE OAK  
HILL CAMPGROUND.

BUY A SHIRT TO  
SUPPORT OUR TEAMS &  
REGISTER FOR THE RACE  
ADULTS—\$25.00-\$28.00  
STUDENTS—\$15.00-\$18.00

5K MEDALS TO 1ST OVERALL  
MALE & FEMALE FINISHERS  
MEDALS TO 1ST 2ND & 3RD  
FINISHERS IN MALE AND  
FEMALE AGE GROUPS.

FAMILY FUN RUN: MEDALS  
TO 1ST 2ND & 3RD PLACE  
MALE/FEMALE  
PARTICIPANT MEDALS  
FOR ALL KIDS

MAKE CHECK PAYABLE TO: SCCA  
MEMO: SHIRT  
MAIL TO: SCCA ATTN: GINA  
4824 ST RT 141  
IRONTON, OH 45638  
QUESTIONS—740-646-1028  
**OR REGISTER ONLINE @  
RUNSIGNUP.COM**



**LONG SLEEVE  
&  
SHORT SLEEVE  
AVAILABLE!!!!**



**CHOOSE YOUR RACE:** 5K RUN/WALK \_\_\_\_\_ 1 MILE TRAIL RUN/WALK \_\_\_\_\_  
SHIRT ONLY \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

MALE \_\_\_\_\_

FEMALE \_\_\_\_\_

**AGE ON RACE DAY** \_\_\_\_\_

**LONG SLEEVE SHIRT SIZE:** ADULT: SM \_\_\_\_\_ MED \_\_\_\_\_ LG \_\_\_\_\_ XLG \_\_\_\_\_ XXLG \_\_\_\_\_

YOUTH: SM \_\_\_\_\_ MED \_\_\_\_\_ LG \_\_\_\_\_

AMOUNT PAID: \_\_\_\_\_ ADULTS **\$28** \_\_\_\_\_ STUDENTS **\$18**

**SHORT SLEEVE SHIRT SIZE:** ADULT: SM \_\_\_\_\_ MED \_\_\_\_\_ LG \_\_\_\_\_ XLG \_\_\_\_\_ XXLG \_\_\_\_\_

YOUTH: SM \_\_\_\_\_ MED \_\_\_\_\_ LG \_\_\_\_\_ XLG \_\_\_\_\_ XXLG \_\_\_\_\_

AMOUNT PAID: \_\_\_\_\_ ADULTS **\$25** \_\_\_\_\_ STUDENTS **\$15**

WAIVER: I know that running a road/trail race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release Vesuvius Recreation Center, Sugar Creek Missionary Baptist Church, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PARENT/GUARDIAN (FOR MINOR): \_\_\_\_\_