United Way **United Way of Northeast Kentucky** *Funds go to UWNEK Bridge Builders and RAPP Programs. Students from Paul Blazer, Boyd County and Fairview High Schools plan and host this race as a volunteer project through UWNEK.*	**13TH ANNUAL RUN, WALK, LIVE UNITED UNITED WAY 5K SATURDAY, AUG 23, 2025**	***5K Run/Walk*** **Saturday 9am August 23, 2025** **Library Commons at Central Avenue and 17th Street Ashland, KY**

8am On-Site Registration **$25 before August 11th** **$30 Aug. 11th thru Aug. 21st** **$35 Race Day** *Race shirts guaranteed to all registered*	*Run the streets of downtown Ashland!* **Door prizes! Refreshments!** *Come out and support a great cause!*	**Course: Flat with long straight-a-ways through downtown Ashland on city streets. Runners start and finish at the Boyd County Public Library. *This is the City of Ashland 5K course***
Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group. *No duplication of awards* **Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80+**	**O SUCH TRI-STATE RACE PLANNERS** **Race Director: Alan Osuch OsuchRacePlanner@aol.com or 606-369-4403**	**Please mail registration and <u>check payable</u> to O Such Race Planners** **Memo: *LIVE UNITED 5K* to*:*** **LIVE UNITED 5K c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101**

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Run, Walk, and LIVE UNITED 5K

Name: _____   Address: _____
Email: _____   _____
Phone: _____   Gender: M F   Age on race day: _____
Shirt Size _____ (2X, 3X, 4X and 5X add $2.00) Donation _____   Amount Enclosed$_____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Ashland, the United Way of Northeast Kentucky, O Such Tri-State Race Planners, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____   Date: _____
Parent/Guardian (For minor):_____