



The mission of the Greenup County Farmers Market is to connect the greater Greenup County community with local producers and artisans to elevate community health and pride by strengthening the agricultural and creative economies. The Greenup County Farmers Market is the only certified market in Greenup County. The certified status allows the market to employ a seasonal market manager to facilitate the Kentucky Double Dollars program and other incentives that are in place to help people in the community access local, healthy food directly from farmers.



## 5K Run/Walk

**Saturday  
June 20, 2026  
9am**

**Greenup County  
Extension Office  
35 Wurtland Avenue  
Wurtland, KY**

**The Kentucky Double Dollars program requires a cost sharing of partial funding which will be supported by this 5K event, as well as plans for improvement to our market pavilion, especially targeting accessibility.**

### **8am On-Site Registration**

**\$25 before June 8th**

**\$30 June 8th thru June 18th**

**\$35 Day of Race**

### **• Support a great cause!**

**• Door prizes**

**• Refreshments**

**• *Race shirts guaranteed  
to all registrants***

**Course: Flat and fast.  
Starts and ends at the  
Extension Office. Course  
will be an out and back thru  
a residential area.**

**Trophies to first three overall  
male and female finishers.  
Awards to first three finishers in  
each male and  
female age group.**

***No duplication of awards***

**Age Groups: 9 and under**

**10-14 15-19 20-24 25-29 30-34**

**35-39 40-44 45-49 50-54 55-59**

**60-64 65-69 70-74 75-79 80+**



**Race Director: Alan Osuch  
OsuchRacePlanner@aol.com  
or 606-369-4403**

**Please mail registration  
and check payable to:  
O Such Race Planners  
Memo: *Lettuce Run 5K* to:  
Lettuce Run 5K  
c/o Alan Osuch  
5024 Williams Avenue  
Ashland, KY 41101**

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## **Farmers Market Lettuce Run 5K**

**Name: \_\_\_\_\_**

**Address: \_\_\_\_\_**

**Email: \_\_\_\_\_**

**Phone: \_\_\_\_\_**

**Gender: M F**

**Age on race day: \_\_\_\_\_**

**Shirt Size \_\_\_\_\_ (2X, 3X, 4X add \$2.00) Donation \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_**

**WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Wurtland, Greenup County UK Extension Office, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.**

**Signature: \_\_\_\_\_**

**Date: \_\_\_\_\_**

**Parent/Guardian (For minor): \_\_\_\_\_**