



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Jake Cogan**

**2nd Annual IRONTON RIVER RUN 5K**

**29:26.6**

**September 24th, 2022**

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14 out of 68 Finishers

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11 out of 27 Male participants	2 out of 3 Males in your age group
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