



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Gary Nichols

**5th Annual BE A HERO: DONATE LIFE 5K**

# 35:52.9

**August 13th, 2022**

32 out of 68 Finishers

22 out of 28 Male participants

2 out of 5 Males in your age group