



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Melissa Colyer**

**5th Annual BE A HERO: DONATE LIFE 5K**

**28:33.1**

**August 13th, 2022**

17 out of 68 Finishers

6 out of 40 Female participants

3 out of 5 Females in your age group