



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Lauren Herman

**21st Annual IRONTON CLASSIC MEMORIAL DAY 5K**

# 29:47.5

**May 30th, 2022**

115 out of 256 Finishers

38 out of 129 Female participants

3 out of 11 Females in your age group