



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Shelley Deluca**

**Super Hero 5K 2022**

**29:56.1**

**April 16th, 2022**

40 out of 220 Finishers

15 out of 133 Female participants

2 out of 16 Females in your age group