



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Rebecca Abshire**

**2022 RUSSELL TURKEY TROT 5K**

**45:34.2**

**November 24th, 2022**

272 out of 350 Finishers

132 out of 188 Female participants

9 out of 10 Females in your age group