



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Shane Abshire**

**2022 RUSSELL TURKEY TROT 5K**

**34:53.3**

**November 24th, 2022**

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195 out of 350 Finishers

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112 out of 165 Male participants	7 out of 12 Males in your age group
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