



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Ben Church**

**2022 RUSSELL TURKEY TROT 5K**

**29:46.1**

**November 24th, 2022**

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138 out of 350 Finishers

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87 out of 165 Male participants	8 out of 14 Males in your age group
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