



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Adyson Copley**

**2022 RUSSELL TURKEY TROT 5K**

**32:32.8**

**November 24th, 2022**

171 out of 350 Finishers

72 out of 188 Female participants

6 out of 10 Females in your age group