



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Matt Deal**

**2022 RUSSELL TURKEY TROT 5K**

**41:23.7**

**November 24th, 2022**

253 out of 350 Finishers

136 out of 165 Male participants

12 out of 12 Males in your age group