



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Susan Niemi**

**2022 RUSSELL TURKEY TROT 5K**

**40:36.8**

**November 24th, 2022**

249 out of 350 Finishers

114 out of 188 Female participants

9 out of 17 Females in your age group