



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Emily O'Dell**

**2022 RUSSELL TURKEY TROT 5K**

**53:21.2**

**November 24th, 2022**

325 out of 350 Finishers

169 out of 188 Female participants

16 out of 22 Females in your age group