



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Ron Simpson**

**2022 RUSSELL TURKEY TROT 5K**

**24:59.9**

**November 24th, 2022**

79 out of 350 Finishers

57 out of 165 Male participants

1 out of 4 Males in your age group