



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Susan Williams**

**2022 RUSSELL TURKEY TROT 5K**

**29:59.6**

**November 24th, 2022**

141 out of 350 Finishers

53 out of 188 Female participants

1 out of 6 Females in your age group