



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Lanny Fraley

**2022 RUSSELL TURKEY TROT 5K**

# 23:53.0

**November 24th, 2022**

59 out of 350 Finishers

44 out of 165 Male participants

1 out of 1 Males in your age group