



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Justin Lanier**

**Marshall University Rainbow Run: HerdGlow 5k**

**30:55.9**

**April 22nd, 2022**

14 out of 34 Finishers

8 out of 14 Male participants

5 out of 8 Males in your age group