



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Conrae Lucas-Adkins

**Marshall University Rainbow Run: HerdGlow 5k**

# 51:50.9

**April 22nd, 2022**

29 out of 34 Finishers

16 out of 20 Female participants

7 out of 8 Females in your age group