



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Amy Colegrove**

**4th Annual TOMCAT TROT 5K**

**44:42.5**

**November 5th, 2022**

60 out of 113 Finishers

32 out of 80 Female participants

7 out of 10 Females in your age group