



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Ashley Ingram**

**4th Annual TOMCAT TROT 5K**

**25:56.8**

**November 5th, 2022**

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16 out of 113 Finishers

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5 out of 80 Female participants	2 out of 31 Females in your age group
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