



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Terra Nolen**

**4th Annual TOMCAT TROT 5K**

**55:41.9**

**November 5th, 2022**

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104 out of 113 Finishers

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72 out of 80 Female participants	10 out of 10 Females in your age group
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