



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Lizellen Snyder**

**4th Annual TOMCAT TROT 5K**

**41:05.1**

**November 5th, 2022**

52 out of 113 Finishers

27 out of 80 Female participants

1 out of 2 Females in your age group