



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Michelle Hammond**

**9th Annual Kiwanis Apple 5K Run/Walk**

**28:27.8**

**September 24th, 2022**

21 out of 77 Finishers

5 out of 45 Female participants

1 out of 11 Females in your age group