



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Jack Deboard**

**Tunnel to Towers 5K Run/Walk Nelsonville**

**29:22.7**

**May 1st, 2022**

70 out of 411 Finishers

43 out of 170 Male participants

7 out of 14 Males in your age group