



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Lisa Grizenko**

**Tunnel to Towers 5K Run/Walk Nelsonville**

**54:19.8**

**May 1st, 2022**

314 out of 411 Finishers

172 out of 236 Female participants

15 out of 24 Females in your age group