



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Jerod Lumpkin**

**Tunnel to Towers 5K Run/Walk Nelsonville**

**46:05.5**

**May 1st, 2022**

189 out of 411 Finishers

93 out of 170 Male participants

4 out of 8 Males in your age group