



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Elizabeth Gifford**

**Run For Your LIFE**

**30:17.5**

**September 3rd, 2022**

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56 out of 136 Finishers

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21 out of 53 Female participants	4 out of 9 Females in your age group
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