



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Lizellen Synder**

**2nd Annual NAILED IT 5K**

**44:13.1**

**October 2nd, 2022**

20 out of 33 Finishers

9 out of 20 Female participants

1 out of 1 Females in your age group