



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Sandra Reed**

**Hershel "Woody" Williams VAMC Suicide Prevention and  
Remembrance 5K Run/Walk**

**59:53.2**

**September 24th, 2022**

72 out of 81 Finishers

32 out of 40 Female participants

8 out of 9 Females in your age group