



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Cecilia Gaynor**

**Hershel "Woody" Williams VAMC Suicide Prevention and  
Remembrance 5K Run/Walk**

**33:27.3**

**September 24th, 2022**

25 out of 81 Finishers

8 out of 40 Female participants

1 out of 9 Females in your age group