



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Mike Slater

**Hershel "Woody" Williams VAMC Suicide Prevention and  
Remembrance 5K Run/Walk**

# 41:36.4

**September 24th, 2022**

45 out of 81 Finishers

31 out of 41 Male participants

11 out of 12 Males in your age group