



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Heather Kirby**

**Hershel "Woody" Williams VAMC Suicide Prevention and  
Remembrance 5K Run/Walk**

**28:06.4**

**September 24th, 2022**

6 out of 81 Finishers

1 out of 40 Female participants

1 out of 11 Females in your age group