



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Valerie Lam Lamaster**

**Mothman 5k**

**29:32.9**

**September 17th, 2022**

64 out of 284 Finishers

22 out of 163 Female participants

5 out of 41 Females in your age group